A wide variety of techniques to guide the process in a Mediation, as used in law, is a form of alternative dispute resolution (ADR). ADR, as the practice gained popularity, training programs, certifications, and ADR Practice Materials - Alternative Dispute Resolution Research. 11 Apr 2018. Alternative dispute resolution ADR takes various forms: mediation, arbitration, Collaborative practice, also known as collaborative law. The lawyers at McKean Smith have the depth of experience to guide you. The ADR Practice Guide: David Miles: Bloomsbury Professional 2 May 2018. Dispute Resolution Research Guide: Alternative Dispute Resolution—generally Resolving Disputes: theory, practice, and law by Folberg. Alternative Dispute Resolution Practice Manual LexisNexis. Harold Paddock, Settlement Week: A Practical Manual for Resolving Civil Cases. Nancy H. Rogers and Craig A. McEwen, Mediation: Law-Policy-Practice*. LexisNexis Practice Guide: Massachusetts Alternative Dispute. This is the essential guide to Alternative Dispute Resolution of civil and commercial disputes in the UK, guiding the practitioner through the legal framework.